

Junior School PSHE & Relationship Education Program of Study

The Junior School are following the twinkl planning for PSHE.

It covers all key aspects of British Values, Global Citizenship, Personal Safety, Health, RSE and Mental Wellbeing. The program of study is fully in line with the PSHCE Association programme of study and meets the 2019 draft guidance for Statutory Relationships and Health Education.

Year group	M1	M2	L1	L2	S1	S2
1	TEAM	Britain	Be yourself	It's my body	Money Matters	Aiming high
2	Think positive	Respecting rights	VIPS	One world	Growing up	Safety first
3	TEAM	Britain	Be yourself	It's my body	Money Matters	Aiming high
4	Think positive	Respecting rights	VIPS	One world	Growing up	Safety first
5	TEAM	Britain	Be yourself	It's my body	Money Matters	Aiming high
6	Think positive	Respecting rights	VIPS	One world	Growing up	Safety first

Sex and Relationship Education (SRE) - Year 6

In Year 6, we will be looking at the following areas as part of an ongoing programme of SRE within the Junior School. These topics cover some elements of Science and some elements of Personal, Social and Health Education (PSHE).

Your child will be exploring:

- Friendships and Resolving Conflict
- Taking Risks
- Stereotyping and Peer Pressure
- Male and Female Puberty and Hygiene
- Harmful Substances

This will be done through examining questions such as:

- What is conflict?
- How can I prevent and resolve conflict?
- How do I determine risk?
- What will influence the decisions I make?
- What is stereotyping?
- How should I respect others and their lifestyles and beliefs?

Appropriate questions that arise from class discussion will be answered honestly and any resources used will be appropriate to the age and needs of the children.

We also recognise that parents play an important role in their child's SRE and we would encourage you to explore these topic areas at home with your child.

If further advice or support is required, please do not hesitate to speak to your child's class teacher.