

Year Group							
	1 Health and Wellbeing	2 Living in the Wider World	3 Relationships	4 Health and Wellbeing	5 Relationships	6 Living in the Wider World	7
7	Healthy Lifestyles Transition to secondary school	Diversity – Prejudice and discrimination The rule of law and Justice system	Bullying including cyber bullying Managing on- and off-line friendships	The risks of tobacco, alcohol and other substances	Puberty and hygiene. Friendships and romance	Making ethical financial decisions Saving, spending and budgeting our money	Careers: Future aspirations Employability and enterprise
8	Alcohol and drug misuse and managing peer influence	Rights and responsibilities in the community Tackling discrimination	Partnerships, children and family life	Mental health and emotional wellbeing, including body image Managing change and loss	Sexual relationships Sexuality and gender variation	The influence of the media and extremism	Healthy and unhealthy coping strategies including eating disorders and self-harm
9	Maintaining a healthy lifestyle, managing peer influence Gangs and knife crime	Understanding careers and future aspirations	Managing conflict at home Tackling homophobia, transphobia and sexism	Managing peer pressure in relation to illicit substances Assessing the risks of drug and alcohol abuse and addiction	Relationships and sex education including healthy relationships and consent. sexting and pornography	Introduction to contraception including condoms and the pill	Risky sexual behaviour and STI's Awareness of FGM

10	<p>Transition to key stage 4 and developing study habits</p> <p>Mental health and ill health, tackling stigma and review of healthy and unhealthy coping strategies</p>	<p>Understanding the causes and effects of debt</p> <p>Understanding the risks associated with gambling</p>	<p>Tackling relationship myths and expectations</p> <p>Managing romantic relationship challenges including break ups</p>	<p>Exploring the influence of role models</p> <p>Evaluating the social and emotional risks of drug use</p>	<p>Family life and unplanned pregnancy</p>	<p>Skills for employment and career progression.</p> <p>CV's writing</p>	
11	<p>Promoting self-esteem and coping with stress</p> <p>Growth mind-set And resilience</p>	<p>Skills for employment and career progression.</p> <p>Interviews</p>	<p>Personal values and assertive communication in relationships</p> <p>Domestic abuse and forced marriage</p>	<p>Health and safety in independent contexts</p> <p>Taking responsibility for health choices</p>	<p>British values, human rights and community cohesion</p> <p>Challenging extremism and radicalisation</p>		